

Clinical findings in 32 patients with 22q11.2 microdeletion attended in the city of Córdoba, Argentina

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ABSTRACT

The 22q11.2 microdeletion is the most common deletion syndrome, with a prevalence of 1/4000-1/6000 among newborn infants and a wide phenotypic variability. The diagnosis of the 22q11.2 microdeletion is made through cytogenetics or fluorescence *in situ* hybridization (FISH). The objectives of this article were to describe the clinical features of 32 patients with 22q11.2 microdeletion and the findings of other chromosomal abnormalities and genetic syndromes in phenotypically similar patients. This series was made up of 268 patients with clinical criteria supporting the diagnostic suspicion attended at the Hospital de Niños and Hospital Privado, of Córdoba, between March 1st, 2004 and August 31st, 2011. The following parameters were analyzed: age at the time of the diagnosis, sex, clinical manifestations, and mortality. Thirty-two patients (19 males and 13 females) had a positive result for this deletion. The diagnosis was made mostly in their first months and years of life (age range: 7 days old-31 years old). The clinical manifestations were: congenital heart diseases (22/32), thymic hypoplasia-agenesis/recurrent infections (10/32), velopalatal insufficiency (8/32). Five patients died; four due to a complication associated with their cardiovascular disease and one due to multiple organ failure. The clinical manifestations of the syndrome were varied.

Key words: 22q11.2 microdeletion, FISH 22q11.2, DiGeorge/velo-cardio-facial syndrome, congenital heart disease.

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INTRODUCTION

The 22q11.2 microdeletion is the most common cause of microdeletion in human beings and has a prevalence of 1/4000-1/6000 among live newborn infants. Approximately 95% of the cases are diagnosed when a loss of genetic material is observed through the fluorescence *in situ* hybridization (FISH) technique. Tobías, et al. recommend the use of the FISH technique for the 22q11.2 microdeletion in patients with conotruncal heart defects, or in the parents of patients with 22q11.2 microdeletion, or when a patient has two or more of the following clinical findings: facial dysmorphism (short and downslanting palpebral fissure, small ears, a long nose with a bulbous tip, a small mouth, micrognathia), non-conotruncal heart defects, cleft palate, velopharyngeal insufficiency, developmental delay/learning disability, immune system abnormalities/thymic hypoplasia.¹

Other clinical characteristics include attention deficit disorder and psychiatric disorders.² Heart diseases vary, but conotruncal heart defects are the most frequent.³

Inherited defects account for 5-10% of all cases; and for their diagnosis, it is necessary to study patients' parents.⁴

The objectives of this article were to describe the clinical features of 32 patients with 22q11.2 microdeletion and the findings of other chromosomal abnormalities and genetic syndromes in phenotypically similar patients.

DESCRIPTION

A retrospective, observational study was conducted with 268 patients with suspected 22q11.2 microdeletion syndrome as per the criteria listed by Tobías, et al.¹ attended at the Genetic Medicine Departments of the Hospital de Niños and Hospital Privado, of Córdoba, between March 1st, 2004 and August 31st, 2011. All patients, and the parents of those with positive results, were assessed by a geneticist and referred to the corresponding specialist consultation. The lab diagnosis was performed with CTC banding cytogenetics and FISH. For the FISH technique, an LSI Di George/VCFS locus-specific

probe, dual color, with 22q11.2 critical region and orange spectrum from Vysis Laboratories (Abbott Molecular Inc.) was used, with a control probe for 22q13.3 region with a green spectrum.

The presence of two orange signals and two green signals per cell in 100% of metaphases and in 90% of interphase nuclei was considered normal; the presence of an orange signal and two green signals per cell was considered positive for microdeletion; the presence of normal cells and deleted cells in 10% of metaphase cells and in 15% of interphase cells was considered a mosaic microdeletion,⁵ and the presence of three orange signals and two green signals or two orange signals, with one of these having an intensity that

doubled the normal signal and two green signals was considered a microduplication (*Figure 1*).⁶

The analyzed outcome variables were as follows: age at the time of the diagnosis, sex, clinical manifestations, and mortality.

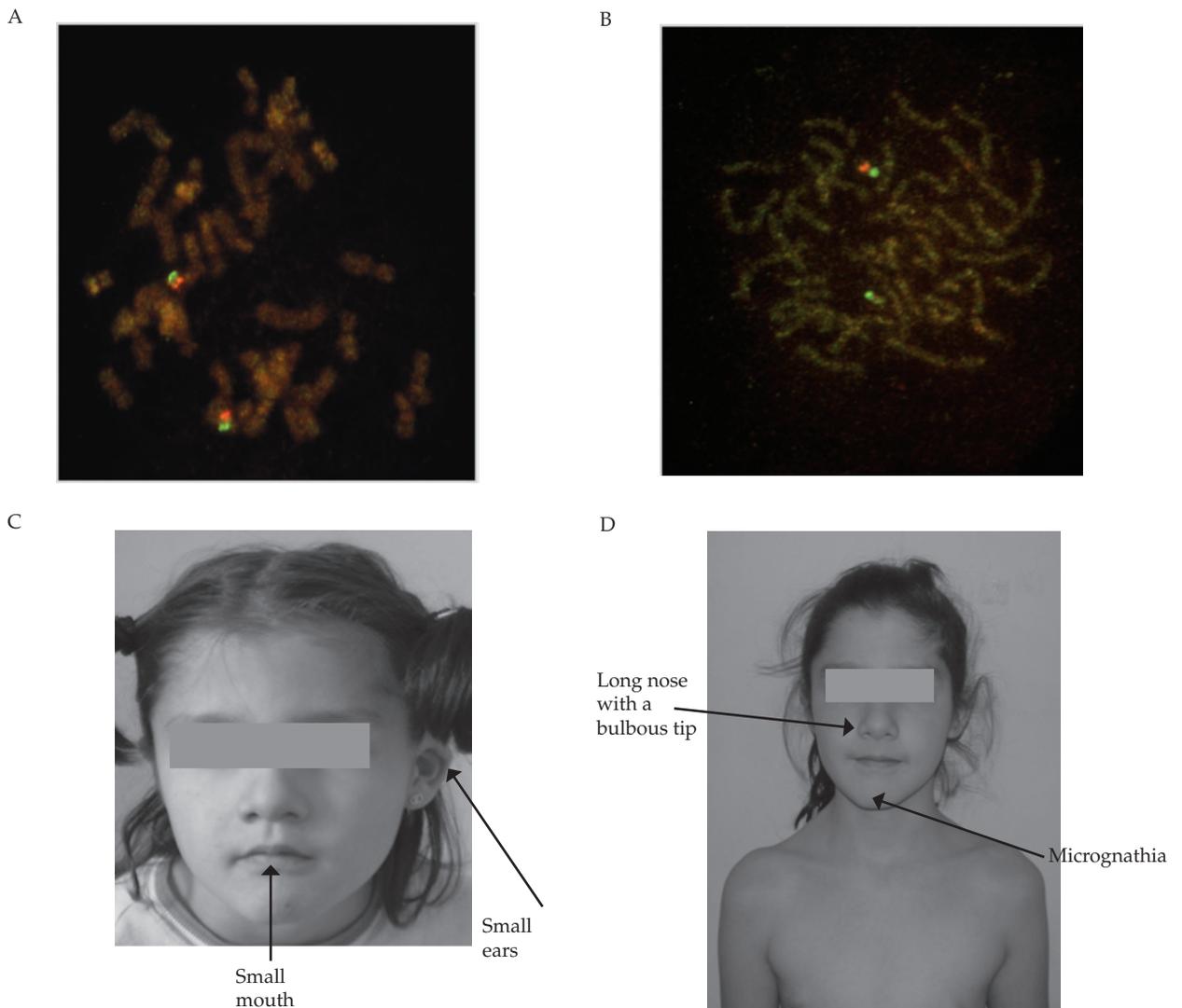
Out of the 268 patients who met the clinical criteria for FISH, 32 were diagnosed with a 22q11.2 microdeletion (11.94%).

Out of the positive patients, 19 were males. Age ranged from 7 days old to 31 years old.

Most patients were diagnosed in their first months of life or during childhood, with isolated cases found during adolescence and adulthood.

No patients had a diagnosis of a mosaic microdeletion or a microduplication of the

FIGURE 1. A. Negative FISH, two orange regions and two green regions. B. Positive FISH, an orange region and two green regions. C and D. Evolutionary phenotype of two patients with 22q11.2 microdeletion (5 and 9 years old)



22q11.2 critical region. In two patients the deletion was detected by cytogenetic techniques.

Tests were performed on both parents in 8 cases, and on the mother only in 1 case; a microdeletion was found in only one of them. No data are available for the other 24 parents. Congenital heart diseases were found in 22 patients, with a predominance of conotruncal heart defects; all of them also had other associated phenotypic features (Table 1).

In addition, thymic hypoplasia-agenesis or recurrent infections were observed in 10 patients; a cleft palate was observed in 5, three of them were cases of submucous cleft palate; velopalatal insufficiency was found in 8; scoliosis in 4; craniosynostosis in 2; and systemic

rheumatoid arthritis in 2. Other symptoms, such as asymmetric crying facies, hypoparathyroidism with seizures due to hypocalcaemia, microcornea and opaque cornea, anterior displacement of the anus, and chronic idiopathic thrombocytopenic purpura, were observed in one patient.

Five children died in their first year of life; 4 due to a heart disease related complication and 1 due to multiple organ failure.

A differential diagnosis was made in 16 of the patients who were negative for the 22q11.2 microdeletion. Other chromosomal abnormalities were found in 7: a) paracentric inversion of the chromosome 2; b) mosaic ring chromosome 13; c) translocation (10q;8q); d) 4p16 microdeletion; e) mosaic duplication (15)

TABLE 1. Sex, age at the time of diagnosis and type of congenital heart disease in patients with 22q11.2 microdeletion

Patient	Sex	Age at the time of diagnosis	Congenital heart disease
1	Female	7 days old	Aorta intraventricular coarctation and patent ductus arteriosus*
2	Male	7 years old	Pulmonary stenosis, ventricular septal defect*
3	Male	21 days old	Atrial septal defect, patent ductus arteriosus
4	Male	1 month old	Tetralogy of Fallot*
5	Male	3 months old	Tetralogy of Fallot with pulmonary atresia*
6	Male	19 years old	Ventricular septal defect
7	Female	30 years old	Pulmonary stenosis, ventricular septal defect*
8	Female	5 years old	Truncus arteriosus type II*
9	Male	6 years old	Patent ductus arteriosus
10	Male	9 years old	Tetralogy of Fallot*
11	Female	31 years old	Atrial septal defect, pericardial agenesis
12	Male	5 months old	Tetralogy of Fallot with pulmonary agenesis*
13	Female	6 years old	Bicuspid aortic valve, mild aortic insufficiency
14	Female	3 years old	Interruption of the aortic arch, ventricular septal defect*
15	Female	2 months old	Pulmonary atresia, ventricular septal defect, patent ductus arteriosus, major aortopulmonary collateral arteries, aberrant right subclavian artery*
16	Male	3 years old	Tetralogy of Fallot with absence of supraventricular crest*
17	Male	1 month old	Pulmonary atresia with major aortopulmonary collateral arteries*
18	Female	12 years old	Tetralogy of Fallot*
19	Female	11 years old	Atrial septal defect, right aortic arch*
20	Male	3 years old	Supracristal ventricular septal defect*
21	Male	3 years old	Tetralogy of Fallot*
22	Male	16 days old	Truncus arteriosus type I*

* Conotruncal defect.

(q13q24); f) robertsonian translocation (15;22); and g) translocation (9q;22q) (see phenotypes in Table 2). The remaining 9 patients were diagnosed with other genetic syndromes: Cayler syndrome, otopalatodigital syndrome, Charge syndrome, Opitz G/BBB syndrome, Stickler syndrome, Rubinstein-Taybi syndrome, frontonasal dysplasia with acromelic involvement, Noonan syndrome, and Alagille syndrome.

DISCUSSION

The 22q11.2 microdeletion was detected in 11.94% of patients with clinical suspicion.

Such prevalence is similar to that obtained by Kitsiou-tzeli, et al.,⁷ who reported a 12.2% rate, in addition to other chromosomal abnormalities in 2 patients (1.4%). Brunet, et al. studied 295 patients referred to the detection of the 22q11.2 deletion by FISH and cytogenetic techniques; the diagnosis was confirmed in 12 patients (4%) and other chromosomal rearrangements in 5; no microduplication was observed.⁶ Our higher rate, compared to that of Brunet, may be explained by the fact that patients included in our series were clinically evaluated by geneticists. Halder, et al. published a study with a prevalence of 6.16% in patients with congenital heart diseases from a site in India. In that series, as in our study, all diagnosed patients had extracardiac manifestations.⁸

In our sample, 7 patients were diagnosed with chromosomal abnormalities and negative microdeletion. Brunet⁶ and Kitsiou-tzeli⁷ also referred abnormalities in the 2, 10 and 13 chromosome pairs, although the chromosome regions involved varied from those of our patients. Chromosomal abnormalities diagnosed in those patients with no 22q11.2 microdeletion in our series, similarly to what has been described by other authors,^{6,7} may suggest the presence of other genetic loci or epigenetic factors which may also be related to the clinical phenotype of the 22q11.2 microdeletion (Table 2).

Clinically diagnosed genetic syndromes in our sample were similar to those reported by Kitsiou-tzeli.⁷

In terms of age at the time of diagnosis, the diagnosis was made early (during the first months of life and childhood) in patients referred by doctors capable of recognizing the inducer phenotype and who work together with a geneticist. As reported by Ballesta Martínez, et al., a late diagnosis may be related to being unaware of the phenotypic variability and the unavailability of diagnostic techniques.⁹

In our patients, the frequency and type of heart diseases related to the 22q11.2 microdeletion were consistent with those described in the literature, with a higher incidence of tetralogy of Fallot,

TABLE 2. Chromosomal abnormalities and clinical manifestations in patients negative for the 22q11.2 microdeletion

Chromosomal abnormality	Formula	Clinical manifestation
4 p16 microdeletion	ish del(4)(p16.2p16.2)(WHS-)	Cleft lip and palate, conotruncal heart defect, hypogonadism, lipocoele
Paracentric inversion of chromosome 2	46, XX, inv (2)(p11q33)	Long face, nose with a bulbous tip, hearing loss, mental retardation
Mosaic duplication of chromoción 15	46,XX, dup(15)(q13q24)/ 46, XX	Long face, nasal reflux, patent ductus arteriosus, limited speech, mental retardation
Robertsonian translocation (15;22)	45,XY, rob (15;22)(q10;q10) pat	Hipotonicity, nasal reflux, bulbous nose, speech retardation
Partial monosomy 9q and partial trisomy 22q	46,XY,der(9)t(9;22)(q34;q13.1) mat	Developmental failure, limb abnormalities. Tetralogy of Fallot
Partial trisomy 8q and partial monosomy 10q	46,XX, der(10) t(8;10)(q24.1q26) pat	Facial dysmorphism, developmental delay, no speech
Ring chromosome and mosaic complete monosomy of chromosome 13	46,XY, r(13)/ 45,XY-13	Delayed growth, long face, long and thin fingers, small ears, scoliosis

followed by septal defects and pulmonary valve abnormalities.³

An atrial septal defect with complete agenesis of the pericardium, observed in one of our patients and which was considered relevant for publication,¹⁰ has not been described by other authors in relation to this syndrome.

In our series, the frequency and type of cleft palate and velopalatal insufficiency are comparable to those reported by Shprintzen.¹¹

In agreement with the bibliography, an intrafamily variability between the patient with a maternally-inherited 22q11.2 microdeletion and her mother was observed.

The daughter had a severe phenotype and died in the neonatal period while her mother had a milder phenotype and recurrent miscarriages; to date, such association has not been reported by other publications. The maternal origin was the only inherited presentation diagnosed in our series and this is consistent with other authors' reports indicating that inheritable microdeletions are more frequently transmitted by the mother.¹²

Anorectal abnormalities, scoliosis, sclerocornea and microcornea have also been described by other authors.^{13,15}

CONCLUSIONS

The 22q11.2 microdeletion syndrome has a wide phenotypic variability. Health team members should be watchful and aware of the clinical variability of this syndrome and work with a team approach to make an early diagnosis of these patients. ■

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