INFLUENCE OF RETENTIVE AREAS ASSOCIATED TO ONLAY PREPARATIONS ON THE DIMENSIONAL STABILITY OF SILICONE IMPRESSION MATERIALS

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ABSTRACT
This study evaluated the effect of retentive areas on onlay preparations on the dimensional alterations in condensation and addition silicone materials. A standard model with an onlay preparation was made. Each impression material was used through the double or simultaneous impression technique (n=25), resulting in a hundred impressions of the same model. Impressions were poured with type IV dental stone. Digital images were taken with a light microscope and the distances between the reference points created on the plaster dies were compared with the ones on the standard model. In the occlusal, mesial-medium and mesial-cervical segments, the double impression (DI) with condensation silicone presented similar values compared to the standard model. The values of the addition silicone with DI were similar to the standard model only in the mesial-occlusal segment. In the other segments (distal-cervical, distal-medium and distal-occlusal), all groups were statistically different from the control. It could be concluded that addition and condensation silicone impressions provided plaster dies with significant dimensional alterations in most of the evaluated areas when compared to the standard model. The retentive areas related to the onlay preparation influenced the dimensional stability of the addition and condensation silicone impressions.

Key words: dental impression material, onlay, polyvinyl siloxane, dental impression technique.

INTRODUCTION
There are several clinical situations in which the use of extensive indirect restorations is indicated. Teeth with great structure loss due to caries, endodontic treatments or fracture, require restorations to protect the dental remnants, such as indirect restorations (IR). These restorations reestablish form and function, and increase the longevity of the tooth.
The process of performing indirect restorations involves various sequential steps. Impression is a clinical procedure used to get the most faithful replica of the dental preparation, and is considered as one of the most challenging procedures. This step is very important because any inaccuracy in the impression process will be transmitted to the other steps, thus affecting the final quality of the IR. The elasticity of an impression material can avoid rips or plastic deformation when the material passes through retentive areas at the removal of the mold from patient’s mouth. In normal clinical conditions, retentive areas are seen in unprepared adjacent teeth, in teeth with retentive dental preparations, in large interproximal spaces, in cervical areas or below the edges of the tooth preparation.

Previous in vitro studies have associated the properties of elastomeric materials with the presence of retentive areas in the tooth preparations for indirect restorations, especially crowns. The purpose of the present study was to investigate this phenomenon in an onlay preparation, which is a tooth preparation commonly used in clinical practice. Two silicone impression materials and two techniques were tested. The null hypothesis of this study is that impression techniques and materials would produce casts with similar accuracy compared to a standard model.

**MATERIALS AND METHODS**

**Standard model and impression**

A replica of the dental arch (P-occlusal; São Paulo – SP; Brazil) was used to simulate a clinical situation with a prosthetic space in the inferior second premolar (tooth 45) region. After that, an onlay preparation was done involving the mesial-occlusal-distal surfaces at the gingival level, with a diamond bur (#2135, KG Sorensen; São Paulo; Brazil) in a high-speed handpiece under air-water spray refrigeration. Similar preparation design was used in a previous study, which evaluated the accuracy of impressions made with dual-arch tray. Using the thermal expansion casting technique, a metallic replica in nickel-chromium alloy was made for the tooth 46. This replica was finished with aluminum oxide sandblasting, followed by an extra fine diamond bur (#2135FF, KG Sorensen; São Paulo; Brazil) and metal burnishing with a sequence of abrasive Viking rubber tips (KG Sorensen; São Paulo; Brazil). Reading reference points were made in the proximal and occlusal surfaces of the tooth preparation with a spherical carbide bur (FG 34; Jet Brand; U.S.A.). Six points were marked on each proximal surface of the dental preparation, distributed in duplicate at three distinct depths: cervical, medium and occlusal thirds. The occlusal third points were located at the edge regions of the proximal boxes, and the medium and cervical third points were located at the edge regions of the proximal grinding (slice). Two more points were marked on the occlusal surface, regions of intersection between vestibular and lingual sulcus, and the edge of the tooth preparation. Thus, six reference points were marked on each proximal surface, resulting in three distinct segments for each proximal surface: distal-cervical (DC), distal-medium (DM), distal-occlusal (DO), mesial-cervical (MC), mesial-medium (MM), mesial-occlusal (MO). Two reference points were marked on the occlusal surface, resulting in an occlusal segment (O), resulting in seven segments for each tooth or die.

Tooth 46 was re-positioned in the replica of the dental arch. This dental arch, together with the metallic replica of the tooth preparation and the respective reference points were used as the standard model (Fig. 1). The standard model was duplicated with addition silicone (Flexitime; Heraeus; Germany) and poured with type IV dental stone (Durone; Dentsply; São Paulo; Brazil) in order to make an individual acrylic tray.

**Device for impression standardization**

The device for impression standardization consisted of a stainless steel base 190 mm wide, 200 mm
long and 5 mm thick, in which the standard model was centered and fixed with screws (Fig. 2). The individual tray was also fixed in a standardized position in relation to the standard model, keeping a uniform impression thickness of 3 mm, without producing pressure. This position allowed the vertical displacement of the impression tray, preventing improper lateral movements during its separation from the standard model.

Reading device
The reference points in the plaster dies and the metallic tooth preparation were read with a light microscope (Citoval 2; Carl Zeiss; Jena; Germany), with 13× magnification and 0.01 mm accuracy. The images were captured and digitalized with a digital camera (Hyper HAD SSC DC14; Sony; Japan) connected to the microscope, and analyzed and processed with the software Microsoft Visicap 32 (Microsoft Corp.; USA.). The distances between the reference points in the digitized images were measured with the distance measurement tool of the ImageLab 2000, version 2.4 software.

Manipulation of the impression material
Two impression materials were used in this study: an addition silicone (AS) (Flexitime; Heraeus; Germany), and condensation silicone (CS) (Optosil Xantopren; Heraeus; Germany). Both materials were manipulated according to manufacturers’ instructions; and in both impression techniques, the tray was covered with a layer of tray adhesive.

Simultaneous Impression (SI)
In the simultaneous impression technique, the putty material was placed in the individual tray, and a depression in the center of the impression material was made with digital pressure. The light material was manipulated by means of an auto-mixture system; and then it was injected in the relieved area and also on the area to be copied at the standard model.
The filled tray was placed over the standard model through the impression device. After the setting time, which varied in accordance to the impression material used, the tray was removed in one sudden movement.

Double Impression (DI)
The double impression technique consisted of two steps. In the first step, the putty material was placed on the individual tray and positioned over the standard model through the impression device. After the setting time, the tray was removed.
After a visual analysis of impression quality, the putty material was prepared by relieving retentive areas with a scalpel blade nº 13 (Bard-Parker; Erwin Guth). The relieved areas were the interdental papillae regions next to the prosthetic space and excesses due to the silicone draining. Ridges to help light silicone draining were made in the vestibular and lingual regions of the putty silicone impression.
In the second step, the impression was refilled with the light impression material. After that, the tray was repositioned over the standard model through the impression device. After the setting time of the light material, the tray was removed.

Plaster dies
After final analysis of the quality from the 100 impressions, a delay period of 20 minutes was allowed before pouring the dental stone, according to manufacturers’ instructions. A type IV dental stone (Durone; Dentsply; São Paulo; Brazil) was used, following the water - plaster ratio recommended by the manufacturer. The dental stone was manually mixed and impressions were manually filled using a vibration device. After 1 hour, the plaster die was separated from the respective impression.
Data collection and readings
The standard tooth preparation and plaster die readings were done by two calibrated observers. In the standard tooth preparation, each observer carried out ten readings per segment, totaling twenty readings per segment. In the plaster dies, each observer carried out one reading for each segment, totaling two readings per segment.

Statistical analysis
The means of the seven segments, in accordance with the different materials and impression techniques, were analyzed for normal distribution, and after confirming this data normality, they were analyzed with Repeated Measures ANOVA, and with the Tukey test for multiple comparison. The impression techniques and materials were compared with the ST (control group) through the One-way ANOVA/Dunnett test. Statistical analysis was carried out in the statistical software SAS, version 9.1, with a confidence interval of 95%.

RESULTS
Table 1 shows the results. In segments O, MM and MC; condensation silicone with double impression presented similar values compared to the control group, demonstrating the best behavior in this situation. The addition silicone with double impression technique presented similar values to the control group in segment MO.
In segments DO, DM and DC, no experimental group presented similar values to the control group.

DISCUSSION
The null hypothesis of this study was rejected, since the impression materials and techniques presented different values in most segments tested.

The accuracy of tooth impressions has been studied in clinical and laboratory studies3-8. Impression materials can be categorized in two types: monophase and dual-phase. An impression technique with monophase materials consists of the use of a medium viscosity material, and the impression is made in a single-step procedure. When the impression technique uses a dual-phase material, like putty and light-body washes, it can be made in one or two steps3. In this study, the accuracy of the impressions of an onlay preparation using one and two step techniques and two dual-phase materials was investigated.

According to the results, a significant increase was detected on the O box measurements in all groups, except the condensation silicone with double impression technique, when compared to the standard group. These greater values coincided with the cervical of the vestibular and lingual region of the tooth, which are areas of greater retentiveness. During impression removal, the cervical region might have induced the deformation of the impression material, stretching it in vestibule-lingual direction and expanding its internal surface to a point that exceeded the elastic limits of the elastomeric material, causing permanent dimensional alterations. Similar behavior of these silicones has been observed in some previous studies9,10.

Another fact that might contribute to the deformation of the impressions could be the presence of the putty material in some regions of higher retentiveness. In areas such as the equatorial line of the tooth, the material was unable to gain complete elastic recovery, causing permanent deformations in the impression11.

The better behavior of the double impression technique in some segments could be due to the relief of the retentive areas, which provide better reattach-

<Table 1: Mean dimensions of stone casts according to impression technique (n=25) of the all segments analyzed.>
ment. Also, the presence of only light material in the areas of higher retentiveness might have helped the elastic recovery.

In the segments of the distal occlusal and mesial occlusal boxes, both impression materials provided smaller dies compared to the standard group. The dimensional reduction, in these two segments located in the intracoronal area of MOD preparation can be attributed to the permanent deformation suffered by the impression during its removal. The confined impression material enters in the cavity walls of the boxes and, under tension, suffers lateral retractions of the corresponding surface to the intracoronal area in the vestibule-lingual direction (walls of the boxes), and expansion of the corresponding surface of the impression to the extracoronal areas of the preparation (proximal slices and free surfaces).

The analysis of the distal-medium, distal-cervical segments in the plaster dies, as well as the mesial-cervical segment showed expansion of its measurements in relation to the standard tooth preparation, with exception of the condensation silicone double impression technique in mesial-cervical segment. These dimensional alterations may be related to the retentive anatomy of the standard tooth preparation. The distal surface of the lower first molar presents an anatomical characteristic that renders it a more retentive form compared to the mesial surface. In addition to presenting lower limits, the inclination of the coronary and root portions of the distal surface forms an acute angle to the col, conferring a greater degree of retentiveness in relation to the mesial surface. The cervical regions of the proximal surfaces, located next to the angle area of the col, are more retentive than the mesial regions.

Also in the standard model, the presence of the lower second molar and the prosthetic space with the absence of the lower second premolar made the distal interproximal region still more retentive compared to the mesial.

Beyond the retentiveness degree of the areas to be copied, there are factors that can influence the quality of the impressions, such as impression technique\(^6,12\), the bulk of the material\(^13\) and the impression material\(^12\). The use of a device for impression standardization made it possible to minimize interferences, allowing standardization of the individual impression position in relation to the standard model, keeping a uniform thickness of 3 mm for the impression, without exerting extreme pressure during impression’s nesting and removal. The thickness chosen for the impressions was the same as used in a previous investigation\(^14\).

In the present study, the impressions of addition and condensation silicones produced plaster dies with dimensional alterations in all analyzed areas, when compared to the standard model. Therefore, it might be suggested that the retentive areas located in the tooth with onlay preparation significantly influence the dimensional stability of the addition and condensation silicone impressions.

**CONCLUSION**

Within the limitations of this in vitro study, it can be concluded that:

The retentive areas on the tooth with the onlay preparation influenced the dimensional stability of the addition and condensation silicone impressions, providing plaster dies with significant dimensional alterations in most of the evaluated areas when compared to the standard model, regardless of the technique used.

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**REFERENCES**