OSTEOPOIKILOSIS: AN INCIDENTAL FINDING

JUAN CARLOS PENDINO¹, MARÍA DEL LUJAN NAVAS², GERVASIO SASIA²

¹Cátedra de Clínica Médica, ²Servicio de Diagnóstico por Imágenes, Hospital Centenario Rosario, Facultad Ciencias Médicas, Universidad Nacional de Rosario, Santa Fe, Argentina

E-mail: juancarlos.pendino@gmail.com

A 40-year-old female patient, presented to the Emergency Department after suffering minor trauma. She denied any significant past medical history. Different x-rays showed multiple well circumscribed, ovoid, radiodense bony lesions in the shoulders and pelvis, consistent with the diagnosis of osteopoikilosis (arrows in Figures 1 and 2). Subsequently, she provided previous x-rays, where the described images could be observed.

Osteopoikilosis is a rare, benign, autosomal dominant disorder characterized by sclerotic bone lesions most commonly involving feet, hands, pelvis, and metaphysis of long bones. Appearances on imaging are those of multiple, small well-demarcated 2-3 mm circular or ovoid radiodense, sclerotic lesions. Histologically, the sclerotic areas are focal condensations of compact lamellar bone within the spongiosa. Osteopoikilosis is caused by a mutation in the LEMD3 gene and is usually clinically asymptomatic and typically detected on incidental imaging.

and location differentiates osteopoikilosis from metastatic disease, which tends to be seen more often in ribs, vertebral bodies, and the diaphysis of long bones.



Figure 2



The symmetric distribution, lack of bone destruction,