



# REVISTA ARGENTINA DE MICROBIOLOGÍA

[www.elsevier.es/ram](http://www.elsevier.es/ram)



## ORIGINAL ARTICLE

# Impact of the multiplex molecular FilmArray Respiratory Panel on antibiotic prescription and clinical management of immunocompromised adults with suspected acute respiratory tract infections: A retrospective before–after study

Silvina Bergese<sup>a,\*</sup>, Bárbara Fox<sup>a</sup>, Natalia García-Allende<sup>b</sup>, María Elisa Elisiri<sup>a</sup>, Ana Elizabeth Schneider<sup>a</sup>, Juan Ruiz<sup>c</sup>, Sol Gonzalez-Fraga<sup>a</sup>, Viviana Rodriguez<sup>b</sup>, Liliana Fernandez-Canigia<sup>a</sup>

<sup>a</sup> Sector de Microbiología, Laboratorio Central Hospital Alemán, Ciudad de Buenos Aires, Argentina

<sup>b</sup> Servicio de Infectología y Epidemiología Hospitalaria, Hospital Alemán, Ciudad de Buenos Aires, Argentina

<sup>c</sup> Servicio de Clínica Médica, Hospital Alemán, Ciudad Autónoma de Buenos Aires, Argentina

Received 9 September 2022; accepted 27 March 2023

### KEYWORDS

FilmArray Respiratory Panel;  
Etiological diagnosis;  
Immunocompromised patients

**Abstract** This study aimed to assess the impact of the implementation of a rapid multiplex molecular FilmArray Respiratory Panel (FRP) on the medical management of immunocompromised patients from a community general hospital. We conducted a single-center, retrospective, and before–after study. Two periods were evaluated: before the implementation of the FRP (pre-FRP) from April 2017 to May 2018 and after the implementation of the FRP (post-FRP) from January to July 2019. The inclusion criteria were immunocompromised patients over 18 years of age with suspected acute respiratory illness tested by conventional diagnostic methods (pre-FRP) or the FilmArray™ Respiratory Panel v1.7 (post-FRP). A total of 142 patients were included, 64 patients in the pre-FRP and 78 patients in the post-FRP. The positive detection rate was significantly higher in the post-FRP (63% vs. 10%,  $p < 0.01$ ). There were more patients receiving antimicrobial treatment in the pre-FRP compared with the post-FRP period (94% vs. 68%,  $p < 0.01$ ). A decrease in beta-lactam (89% vs. 61%,  $p < 0.01$ ) and macrolide (44% vs. 13%,  $p < 0.01$ ) prescriptions were observed in the post-FRP. No differences were observed in oseltamivir use (22% vs. 13%,  $p = 0.14$ ), changes in antimicrobial treatment, hospital admission rate, days-reduction in droplet isolation precautions, hospital length of stay (LOS), admission to

\* Corresponding author.

E-mail address: [silvinabergese@gmail.com](mailto:silvinabergese@gmail.com) (S. Bergese).

<https://doi.org/10.1016/j.ram.2023.03.001>

0325-7541/© 2023 Asociación Argentina de Microbiología. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Please cite this article as: S. Bergese, B. Fox, N. García-Allende et al., Impact of the multiplex molecular FilmArray Respiratory Panel on antibiotic prescription and clinical management of immunocompromised adults with suspected acute. . . , Revista Argentina de Microbiología, <https://doi.org/10.1016/j.ram.2023.03.001>

intensive care unit (ICU), LOS in ICU, treatment failure and 30-day mortality. The implementation of the FRP impacted patient care by improving diagnostic yield and optimizing antimicrobial treatment in immunocompromised adult patients.

© 2023 Asociación Argentina de Microbiología. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

## PALABRAS CLAVE

Panel respiratorio  
FilmArray®;  
Diagnóstico  
sindrómico;  
Pacientes inmuno-  
comprometidos

## Impacto del panel respiratorio molecular multiplex FilmArray® en la prescripción de antibióticos y el manejo clínico de pacientes adultos inmunocomprometidos con sospecha de infección respiratoria aguda: un estudio retrospectivo antes/después

**Resumen** El objetivo de este estudio fue evaluar el impacto de la implementación del panel respiratorio FilmArray® (FRP), un sistema automatizado de PCR multiplex, en el estándar de cuidado de pacientes adultos inmunocomprometidos en un hospital general. Es un estudio retrospectivo de un único centro con diseño antes/después. Los periodos evaluados fueron abril 2017-mayo 2018, previo a la implementación del FRP (pre-FRP), y enero 2019-julio 2019, luego de la implementación (post-FRP). Los criterios de inclusión fueron pacientes mayores de 18 años inmunocomprometidos con sospecha de infección respiratoria aguda a los que se les realizó, en pre-FRP, diagnóstico por métodos convencionales, y en post-FRP, el panel respiratorio FRP versión 1.7. Se incluyeron un total de 142 pacientes, 64 en pre-FRP y 78 en post-FRP. La tasa de positividad fue significativamente mayor en post-FRP frente a pre-FRP (63 vs. 10%,  $p < 0,01$ ). Hubo más pacientes con tratamiento antimicrobiano en pre-FRP que en post-FRP (94 vs. 68%,  $p < 0,01$ ). En pre-FRP hubo más pacientes tratados con betalactámicos (89 vs. 61%,  $p < 0,01$ ) y macrólidos (44 vs. 13%,  $p < 0,01$ ). No se observaron diferencias significativas en el uso de oseltamivir (22 vs. 13%,  $p = 0,14$ ), cambios en los tratamientos, número de hospitalizaciones, uso de aislamientos, duración de la estadía hospitalaria, ingreso a la unidad de cuidados intensivos, estadía en dicha unidad, falla de tratamiento y mortalidad a 30 días. El uso de FRP contribuyó a la atención del paciente mejorando el rendimiento diagnóstico y optimizando la terapia antimicrobiana en pacientes adultos inmunocomprometidos.

© 2023 Asociación Argentina de Microbiología. Publicado por Elsevier España, S.L.U. Este es un artículo Open Access bajo la licencia CC BY-NC-ND (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

## Background

Respiratory viruses and some atypical bacteria can cause both upper respiratory tract infections and severe pneumonia, especially in immunocompromised hosts, and are common causes of hospitalization in adults<sup>1</sup>. Rapid and definitive diagnosis is critical in the clinical management of viral respiratory infections and contributes to the timely isolation of infected patients. Moreover, overlapping clinical presentations hamper clinicians' ability to predict causative pathogens (i.e., bacterial or viral) and may lead to unnecessary antimicrobial use<sup>9</sup>.

The BioFire FilmArray Respiratory Panel (FRP) is a rapid molecular multiplex test designed for the qualitative detection of nucleic acid targets of viruses and bacteria in nasopharyngeal swab specimens. The current evidence on the effect of rapid molecular testing on clinical outcomes and hospital resource use is heterogeneous and inconclusive. Most published studies focus on immunocompetent<sup>1,2,6,9,11,12</sup> or pediatric patients<sup>2,4,5,10</sup>, and not on immunocompromised patients who could be the most favored in our setting.

In hematopoietic stem cell and solid organ transplant recipients, respiratory viruses are a serious cause

of morbidity and mortality. These patients are severely immunocompromised, making them highly susceptible to infectious pathogens. Although immunocompromised patients have similar etiologies of acute respiratory tract infection compared to immunocompetent patients, they experience more complications during the disease<sup>15</sup>. Since the manifestations of influenza-like illness in such patients are frequently less characteristic than in immunocompetent patients, laboratory testing is essential<sup>14</sup>.

This retrospective study assessed whether a rapid molecular respiratory panel (FilmArray™, v1.7) improved the standard of care in immunocompromised patients with suspected acute respiratory tract infections in a general hospital.

## Materials and methods

This was a single-center, retrospective, before–after study conducted at the Hospital Alemán of Buenos Aires, Argentina, a 254-bed general hospital.

Inclusion criteria were: patient older than 18 years old, immunocompromised at the time of presentation due to a solid organ or hematopoietic stem cell

transplantation, active oncological disease, HIV, and/or chronic use of immunosuppressive medication, with suspected upper or lower acute respiratory tract infections exposed to at least one of the following diagnostic tests:

- Before the implementation of FilmArray (Pre-FRP):
  - (a) Direct immunofluorescence (IFD) to detect adenovirus, influenza A and B, respiratory syncytial virus, metapneumovirus, and parainfluenza 1, 2, and 3.
  - (b) *Mycoplasma pneumoniae* and or *Chlamydia pneumoniae* antibodies.
  - (c) Influenza (H1N1 and A), adenovirus, *Mycoplasma*, and or *Chlamydia pneumoniae* real-time PCR.
- After the implementation of FilmArray (post-FRP):
  - (a) FilmArray™ Respiratory Panel v1.7.

Upper acute respiratory tract infections included acute nasopharyngitis, acute sinusitis, acute pharyngitis, acute tonsillitis, acute laryngopharyngitis, and acute upper respiratory infections of multiple and unspecified sites; lower respiratory tract infections included bronchiolitis, bronchitis, pneumonia, and influenza, according to the International Classification of Diseases 11th revision (ICD-11) of the World Health Organization.

Study periods were from April 2017 to May 2018, before the implementation of FilmArray (Pre-FRP), and from January 2019 to July 2019, after the implementation of FilmArray (post-FRP).

Clinical and demographic data were collected from the electronic medical record system, including age, sex, type of immunocompromise, neutropenic status, and upper or lower respiratory tract infection. Patients with incomplete medical records were excluded.

This study was approved by the Ethics Committee of Hospital Alemán, Buenos Aires, Argentina.

The primary outcome was the reduction in antimicrobial prescription (beta-lactams, macrolides, and oseltamivir). Secondary outcomes were the reduction in days of antimicrobial treatment, changes in antimicrobial treatment (appropriate antibiotic de-escalation or escalation within the first 72 h), hospital admission rate, days-reduction in droplet isolation precautions, hospital length of stay (LOS), admission to intensive care unit (ICU), LOS in ICU, treatment failure, 30-day mortality, and use of complementary resources such as medical imaging (chest/paranasal sinus tomography and X-ray) and additional microbiological tests (blood culture, sputum culture, and bronchoalveolar lavage culture).

The BioFire FilmArray® Respiratory Viral Panel (BioFire Diagnostics, Salt Lake City, a bioMérieux company, Marcy, l'Etoile, France) is an FDA-approved panel for detecting respiratory viruses including influenza A (influenza A H1, influenza A H1 2009, and influenza A H3 viruses) influenza B, parainfluenza virus types 1–4, human metapneumovirus, human rhinovirus/enterovirus (without specifying which), 4 coronaviruses (OC43, 229E, HKU1, and NL63), adenovirus, respiratory syncytial virus (RSV) as well as 3 bacteria (*Bordetella pertussis*, *Chlamydia pneumoniae*, and *Mycoplasma pneumoniae*). Nasopharyngeal swabs were processed as soon as possible after reception from Monday to Saturday.

The direct immunofluorescence kit detects adenovirus, influenza A and B, respiratory syncytial virus, metapneumovirus, and parainfluenza 1, 2, and 3. Nasopharyngeal swabs were processed in batches with a processing time ranging from 2 to 6 h, from Monday to Saturday.

*Mycoplasma pneumoniae* and *Chlamydia pneumoniae* antibodies (IgM or IgG) were detected by the indirect immunofluorescence assay. They were processed in a batch once a week.

Influenza (H1N1 and influenza A), adenovirus, *Mycoplasma*, and *Chlamydia pneumoniae* were also detected by real-time polymerase chain reaction (PCR) and processed in batches once or twice a week.

Sample size was based on the reduction in antimicrobial agent prescription (primary outcome). According to Brendish et al.'s<sup>1</sup> estimation, we assumed that about 80% of patients in post-FRP would be treated with antibiotics. To detect a 30% reduction in antibiotic use with a statistical power of 80% and a significance level of 0.05, 116 patients must have been recruited. Baseline characteristics were expressed as median and interquartile range or mean and standard deviation. Nominal or ordinal qualitative variables were summarized by percentages for each category, with their 95% confidence interval. We compared differences in proportions using the Chi-square test or Fisher's exact test, as appropriate. For continuous data, either *T*-tests or Mann-Whitney *U* tests were used, based on the distribution of the observed data. To determine if the distribution could be assumed as normal, the following tests were used: the relation between mean and median, histogram inspection, probability plot normal inspection, and Wilk-Shapiro test. A *p*-value less than or equal to 0.05 was considered statistically significant. Bivariate and multivariate analyses were performed to investigate the possible association between clinical variables. In multivariate logistic regression, those variables that in the bivariate analysis had shown a *p*-value less than 0.1 in addition to age were chosen for the model. Microsoft Excel, Info Stat, and STATA software were used for data storage and analysis.

## Results

142 immunocompromised patients were included, 64 in the pre-FRP group and 78 in the post-FRP group. Baseline characteristics stratified by testing period are listed in Table 1. The distributions of patient demographics in the different exposure groups were similar in terms of age, with a median of 60 and 61 years, neutropenic status (27% and 36%, *p* 0.08), and type of acute respiratory illness (upper respiratory tract infections 25% and 29%, *p* 0.55). There were more females (66% vs. 49%, *p* 0.04) in the pre-FRP group than in the post-FRP group. With regard to the distributions in the categories of immunosuppression, there were more patients with solid organ transplantation in the pre-FRP group (22% vs. 8%, *p* 0.01) with no differences in other categories (Table 1).

The positive detection rate was higher in the post-FRP group than in the pre-FRP group (63% vs. 11%, *p* < 0.01), mainly due to human rhinovirus/enterovirus and influenza A (Table 2 and Fig. 1). There were more influenza A cases in the post-FRP than in the pre-FRP group (23% vs. 8%, respectively, *p* 0.01), and 19 human rhinovirus/enterovirus cases

**Table 1** Baseline characteristics.

Baseline characteristics	Pre-FRP	Post-FRP	OR (95% CI)	p-Value
<i>Patients included</i>	64	78		
<i>Age in years, median (range)</i>	60 (29–92)	61 (21–87)		0.59
<i>Female sex</i>	42 (66%)	38 (49%)		0.04
<i>Immunocompromised</i>				
Solid-organ transplantation	14 (22%)	6 (8%)	3.37 (1.25–9.06)	0.01
Hematopoietic stem cell transplantation	3 (5%)	6 (8%)	0.60 (0.16–2.28)	0.51
Active oncological disease	39 (61%)	58 (74%)	0.57 (0.29–1.13)	0.11
HIV	4 (6%)	2 (3%)	2.55 (0.52–12.39)	0.41
Chronic use of immunosuppressive medication	6 (9%)	9 (7%)	0.80 (0.28–2.30)	0.68
Neutropenia ( $<0.5 \times 10^9/l$ )	17 (27%)	28 (36%)	0.51 (0.24–1.09)	0.08
Upper respiratory tract infections	16 (25%)	23 (29%)	0.80 (0.38–1.67)	0.55

**Table 2** Viruses and bacteria detected.

Microorganisms detected	Pre-FRP	Post-FRP	OR (95% CI)	p-Value
Negative	57 (89%)	29 (37%)	0.06 (0.02–0.16)	0.01
Influenza A	5 (8%)	19 (23%)	0.26 (0.10–0.72)	0.01
Influenza B	0	0	–	–
Parainfluenza 1	0	0	–	–
Parainfluenza 2	0	1 (1%)	–	0.99
Parainfluenza 3	0	4 (5%)	–	0.13
Parainfluenza 4	Not performed	2 (4%)	–	–
Metapneumovirus	0	0	–	–
Respiratory syncytial virus	0	3 (4%)	–	0.25
Rhinovirus/enterovirus	Not performed	19 (23%)	–	–
Coronavirus	Not performed	4 (5%)	–	–
Adenovirus	1 (1.5%)	1 (1%)	–	–
<i>Mycoplasma pneumoniae</i>	1 (1.5%)	1 (1%)	–	–
<i>Chlamydia pneumoniae</i>	0	0	–	–

detected in the post-FRP (this target was not included in the pre-FRP group). Viruses detected in the post-FRP group and not detected in the pre-FRP group were parainfluenza 2 (n = 1), parainfluenza 3 (n = 4), respiratory syncytial virus (n = 3), and coronavirus (n = 4, SARS-CoV-2 not included). In both periods there was only one case of adenovirus and one of *Mycoplasma pneumoniae*.

In the post-FRP group, 5 patients (6%) had viral coinfections. Two patients with rhinovirus/enterovirus and influenza A, one patient with influenza A and parainfluenza 3, one patient with adenovirus and parainfluenza 3, and one patient with rhinovirus/enterovirus and parainfluenza 3. No coinfections were detected in the pre-FRP group.

There were more patients treated with antimicrobial agents in the pre-FRP group vs. the post-FRP group (94% vs. 68%,  $p < 0.01$ ). In the pre-FRP period, there were more patients treated with beta-lactams (89% vs. 61%,  $p < 0.01$ ) and macrolides (44% vs. 13%,  $p < 0.01$ ), and there were no differences in patients treated with oseltamivir (22% vs. 13%,  $p = 0.14$ ) (Table 3).

More days of oseltamivir treatment (media of days 5 vs. 2.5) and fewer days of macrolide treatment (media of days 2 vs. 5) were observed in the post-FRP group and no differences in the number of days with beta-lactam treatment.

With regard to clinical outcomes, there was no significant difference in changes in antimicrobial treatment, hospital admission rate, days-reduction in droplet isolation precautions, hospital length of stay (LOS), admission to intensive care unit (ICU), LOS in ICU, treatment failure, and 30-day mortality (Table 3).

A multivariate logistic regression analysis was performed (Table 4). The only variable that was independently related to receiving treatment was being in the pre-FRP group (OR 8 95% CI 2.49–25.64,  $p < 0.01$ ), whereas the only variable that was independently related to not receiving treatment was having an upper respiratory tract infection (OR 0.21 95% CI 0.08–0.55,  $p < 0.01$ ). Therefore, performing conventional testing (pre-FRP) would increase the risk of receiving treatment and an upper respiratory tract infection would reduce this risk.

The use of complementary resources was similar in both groups (blood culture, bronchoalveolar lavage culture, sputum culture, chest tomography, paranasal sinus tomography, and paranasal sinus X-ray) and a significant difference was observed only in the chest X-ray resource. In the pre-FRP, 97% of patients had at least one chest X-ray ordered vs. 79% in the post-FRP ( $p = 0.01$ ) (Table 5).

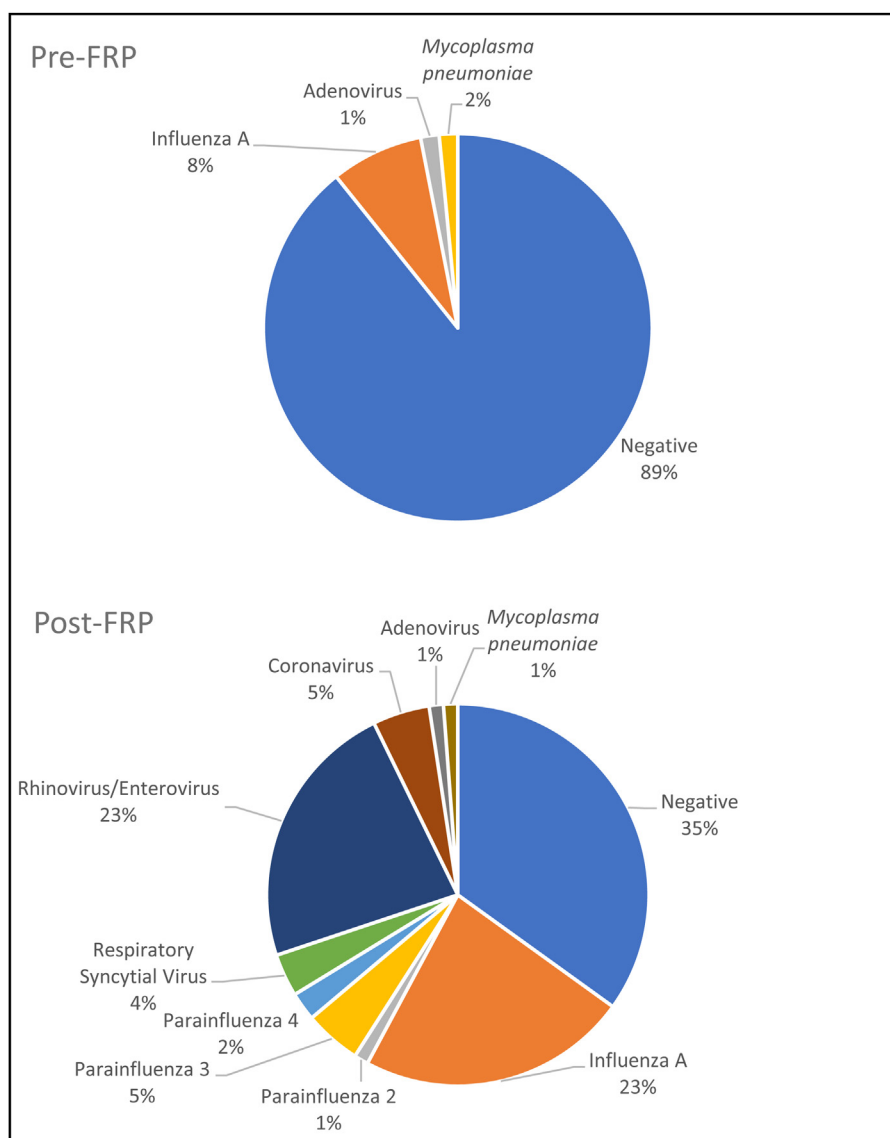


Figure 1 Distribution of the microorganisms detected. Pre-FRP period (n = 64); post-FRP period (n = 83).

## Discussion

This study provided evidence of the effect of the implementation of FRP on antibiotic and oseltamivir treatment and other clinical outcomes in immunocompromised patients with suspected upper or lower acute respiratory illness.

There have been several studies demonstrating high clinical and analytical sensitivity and specificity, and a significant decrease in laboratory turnaround time (TAT) of FRP compared to standard diagnostic testing algorithms<sup>1,3-5,9,11,12</sup>. The higher sensitivity of the rapid diagnosis may change the current modes of diagnosis and management<sup>3</sup>. In this study, the detection rate was significantly higher in the post-FRP group. There were more influenza A cases detected in the post-FRP than in the pre-FRP group showing the higher sensitivity of the FilmArray panel and suggesting that many cases of influenza were missed and remained undiagnosed in the pre-FRP group, although in the pre-FRP group, 58% of the patients were requested real-time PCR

for influenza (H1N1 and A). Other pathogens not included in the assays performed in the pre-FRP period, such as human rhinovirus/enterovirus, parainfluenza 4, and coronaviruses, also contributed to the higher detection rate in the post-FRP. The positivity rate was similar to that reported by other authors after FilmArray implementation<sup>1,2,5,6,9-12</sup>.

One of the potential benefits of the molecular multiplex panel for viruses in hospitals includes a reduction in unnecessary antimicrobial use and directed therapy rather than empirical antiviral and antibiotic use<sup>1</sup>. Antimicrobial resistance is arguably one of the greatest threats to global human health and is driven by the overuse of antibiotics. Antibiotics are prescribed to most hospitalized patients with acute respiratory illness, even when viruses are strongly implicated as the cause. Neuraminidase inhibitors are recommended by the Infectious Diseases Society of America (IDSA) guidelines for the treatment of influenza A and B in hospitalized patients with documented or suspected influenza, and in outpatients who are at high risk of complications (including



**Table 3** Comparison of clinical outcomes.

Clinical outcomes	Pre-FRP	Post-FRP	OR (95% CI)	p-Value
<i>Antimicrobial treatment</i>	60 (94%)	53 (68%)	7.08 (2.43–20.58)	0.01
Beta-lactam treatment	57 (89%)	48 (61%)	5.09 (2.10–12.34)	0.01
Days beta-lactam treatment – median (range)	5 (2–20)	5 (1–20)		0.16
Macrolide treatment	28 (44%)	10 (13%)	5.29 (2.34–11.93)	0.01
Days of macrolide treatment – median (range)	5 (2–10)	2 (1–7)		0.01
Oseltamivir treatment	8 (13%)	17 (22%)	0.51 (0.21–1.26)	0.14
Days oseltamivir treatment – median (range)	2.5 (1–7)	5 (5–7)		0.01
Changes in antimicrobial treatment	21 (38%)	23 (29%)	1.17 (0.58–2.37)	0.67
<i>Hospital admission rate</i>	58 (90%)	69 (88%)	1.00 (0.29–3.46)	0.09
LOS (days) – median (range)	9 (3–120)	8 (1–90)		0.47
ICU admission	21 (33%)	32 (41%)	0.70 (0.35–1.39)	0.31
LOS in ICU (days) – median (range)	9 (2–110)	8.5 (1–70)		0.65
<i>Isolation facilities</i>				
Isolation facility use (patients)	30 (47%)	36 (46%)	1.03 (0.53–1.99)	0.93
Duration isolation (days) – median (range)	5 (1–100)	5.5 (1–90)	–	0.30
<i>Adverse outcomes</i>				
Treatment failure	0	1 (1%)	–	0.99
30-Day mortality	13 (20%)	15 (19%)	0.93 (0.41–2.11)	0.88

**Table 4** Bivariate and multivariate logistic regressions for treatment outcome.

Variable	Bivariate logistic regression		Multivariate logistic regression <sup>a</sup>	
	OR (95% CI)	p-Value	OR (95% CI)	p-Value
Female sex	0.74 (0.32–1.72)	0.49	–	–
Active oncological disease	0.63 (0.25–1.60)	0.33	–	–
Hematopoietic stem cell transplantation	0.49 (0.11–2.07)	0.39	–	–
Solid-organ transplantation	5.66 (0.73–44.17)	0.08	–	–
HIV	0.49 (0.09–2.85)	0.60	–	–
Chronic use of immunosuppressive medication	1.75 (0.37–8.25)	0.74	–	–
Upper respiratory tract infections	0.24 (0.10–0.57)	<0.01	0.21 (0.08–0.55)	<0.01
Neutropenia (<0.5 × 10 <sup>9</sup> /l)	1.04 (0.43–5.37)	2.51	–	–
Pre-FRP group	7.08 (2.31–21.65)	<0.01	8.00 (2.49–25.64)	<0.01

<sup>a</sup> A multivariate logistic regression analysis was performed, choosing for the model those variables that in the bivariate analysis had shown a p-value less than 0.1 in addition to age.

**Table 5** Use of complementary resources.

Resources	Pre-FRP	Post-FRP	OR (95% CI)	p-Value
Blood culture	60 (94%)	67 (86%)	2.46 (0.78–7.73)	0.13
Bronchoalveolar lavage culture	21 (33%)	22 (28%)	1.24 (0.61–2.53)	0.55
Sputum culture	34 (53%)	36 (46%)	1.32 (0.68–2.55)	0.41
Chest tomography	46 (78%)	60 (77%)	0.77 (0.36–1.62)	0.49
Paranasal sinus tomography	7 (11%)	16 (20%)	0.48 (0.19–1.21)	0.12
Chest X-ray	62 (97%)	62 (79%)	8.00 (2.02–31.66)	0.01
Paranasal sinus X-ray	4 (6%)	10 (13%)	0.55 (0.17–1.75)	0.32

immunocompromised patients)<sup>14</sup>. Implementing a rapid viral panel may improve antimicrobial therapy, minimizing unnecessary antiviral and antibiotic exposure and drug-related adverse events. In this study, the diagnosis by FRP of acute respiratory infections in immunocompromised

patients was independently associated with fewer prescriptions of antimicrobial treatments. In other studies, the impact of FRP on the reduction in antibiotic prescriptions was not conclusive. Vos et al. and Saarela et al. proved that rapid molecular testing for respiratory viruses did not reduce

antibiotic prescriptions<sup>11,15</sup>. The population studied was immunocompromised and immunocompetent adult patients respectively. Rogers et al. reported an impact on reduction in the duration of antibiotic use; however, that study did not include results of atypical bacteria detected in the FilmArray Respiratory Panel<sup>10</sup>. Brendish et al. did not observe a reduction in the duration of antibiotics overall, but more patients in the FilmArray group received single doses or brief courses of antibiotics, mainly in patients with asthma and acute exacerbation of chronic obstructive pulmonary disease<sup>1</sup>. Similar results were reported by Qian et al. stating that the FilmArray group had significantly lower antimicrobial DDDs, compared with the control cohort<sup>8</sup>. Shengchen et al. showed a shorter duration of intravenous antibiotic treatment in adults with lower respiratory tract illness throughout four consecutive seasons<sup>12</sup>. Echavarría et al. reported a decrease in antibiotic prescriptions in adult and pediatric patients in an Argentine university hospital<sup>2</sup>. Another study in pediatric patients proved that the rapid multiplex PCR reduced the days of antimicrobial therapy. Different antibiotics were analyzed separately and a reduction in cephalosporins, macrolides, and tetracyclines was detected<sup>5</sup>. In the present study, fewer prescriptions in antimicrobial treatment were observed in the post-FRP group, optimizing antimicrobial stewardship. The main impact was observed in the reduction of macrolide prescription (44% vs. 13%,  $p < 0.01$ ), but we also observed a reduction in beta-lactam prescription (89% vs. 61%,  $p < 0.01$ ). The reduction in macrolide prescriptions can be directly explained by the rapid negative result of atypical bacteria detected in the FRP. In the pre-FRP group, as they had a longer TAT, empirical treatment was instituted until a negative result for *Mycoplasma pneumoniae* and *Chlamydia pneumoniae* (antibodies or PCR) was obtained. Moreover, there was a reduction in three days of macrolide antibiotics. The reduction in beta-lactam prescriptions could be due to a reduction in empirical therapies with either a positive result for a viral agent or a negative panel result. These findings show a need to develop different antimicrobial stewardship strategies to adapt antibiotic prescribing to the clinical settings.

In other studies, routine rapid multiplex molecular panels for respiratory viruses were associated with an increased rate of detection of influenza cases and an improvement in antiviral use<sup>1,2,15</sup>. Early initiation of antiviral therapy was associated with the best outcomes<sup>14</sup>, and Brendish et al. suggested that the shortest TAT reduces the time to administration of the first dose<sup>1</sup>. Vos et al. and Echavarría et al. demonstrated that the adequate use of oseltamivir improved in immunocompromised and immunocompetent patients respectively, with fewer prescriptions in influenza-negative patients and more in influenza-positive patients<sup>2,15</sup>. In our study, there was no difference in neuraminidase inhibitor prescriptions within both groups. However, the use of oseltamivir could have been improved because the median of days of treatment in the pre-FRP group was 2.5 days and in the post-FRP group was 5 days ( $p < 0.01$ ). This suggests that there were more completed treatments. However, there were not many cases of influenza to assess this outcome.

The impact of reduced clinical TAT with FilmArray on hospital LOS is controversial. Some studies demonstrated shorter LOS<sup>1,4,5,9,10,15</sup>, other studies showed no difference

in LOS<sup>2,6</sup>, and one study reported a longer LOS<sup>8</sup>. Tickoo et al. showed a statistically significant reduction in LOS only among patients with positive test results<sup>13</sup>. The reason for these differences among studies is not clear. No differences in hospital admission rate, days-reduction in droplet isolation precautions, hospital LOS, admission to the intensive care unit, LOS in ICU, changes in antimicrobial treatment, treatment failure, and 30-day mortality were observed in this study. The use of complementary resources such as medical imaging (chest/paranasal sinus tomography and X-ray) and additional microbiological tests (blood culture, sputum culture, and bronchoalveolar lavage culture) was similar in both groups, with the only exception that there were more chest X-rays in the pre-FRP group. In agreement with other authors<sup>7</sup>, we consider that clinical decision-making regarding FRP results is influenced by the clinical context and other factors related to the underlying disease such as neutropenic status and comorbid conditions in addition to acute respiratory illness.

This study has several limitations. The first is its retrospective and nonrandomized design. Given the before/after design of the study, outcomes could be biased due to residual confounders. Second, our study was a single-center study, and clinical outcomes such as antibiotic and antiviral prescriptions might be influenced by local protocols and guidelines, making results potentially less generalizable to other settings. Third, we analyzed data for almost two years without assessing seasonal variation in viral influenza-like illnesses; however, we assume that the variation in the prevalence of respiratory infections would not affect antibiotic prescription in immunocompromised patients. According to IDSA recommendations, immunocompromised individuals who present acute onset of respiratory symptoms with or without fever should be tested for influenza during high and low influenza activity<sup>14</sup>. Lastly, this study was conducted before the coronavirus disease 2019 (COVID-19) pandemic and the FRP panel utilized in this study did not include Severe Acute Respiratory Coronavirus 2 (SARS-CoV-2).

In conclusion, the FilmArray Respiratory Panel impacted patient care by improving diagnostic yield and optimizing antimicrobial treatment in immunocompromised adult patients. This study showed the importance of using these rapid molecular multiplex tests in immunocompromised adults, who could be the most favored patients by these new technologies. Further studies are needed to confirm these findings.

## Funding

Biomerieux Argentina partially supported this work by providing free panels. The sponsor was not involved in the conduct of the study or the analysis of the data.

## Conflict of interest

Authors report no conflict of interest.

## References

1. Brendish NJ, Malachira AK, Armstrong L, Houghton R, Aitken S, Nyimbili E, Ewings S, Lillie PJ, Clark TW. Routine molecular

- point-of-care testing for respiratory viruses in adults presenting to hospital with acute respiratory illness (ResPOC): a pragmatic, open-label, randomised controlled trial. *Lancet Respir Med.* 2017;5:401–11.
- Echavarría M, Marcone DN, Querci M, Seoane A, Ypas M, Videla C, O'Farrell C, Vidaurreta S, Ekstrom J, Carballal G. Clinical impact of rapid molecular detection of respiratory pathogens in patients with acute respiratory infection. *J Clin Virol.* 2018;108:90–5.
  - Huang H-S, Tsai C-L, Chang J, Hsu T-C, Lin S, Lee C-C. Multiplex PCR system for the rapid diagnosis of respiratory virus infection: systematic review and meta-analysis. *Clin Microbiol Infect.* 2018;24:1055–63.
  - Kim YK, Lee JH, Kim SY, Ahn JY, Choi KH, Lee YH, Jang KM, Hau YS, Lee JM. Rapid molecular tests for detecting respiratory pathogens reduced the use of antibiotics in children. *Antibiotics (Basel).* 2021;10:283.
  - Kitano T, Nishikawa H, Suzuki R, Onaka M, Nishiyama A, Kitagawa D, Oka M, Masuo K, Yoshida S. The impact analysis of a multiplex PCR respiratory panel for hospitalized pediatric respiratory infections in Japan. *J Infect Chemother.* 2020;26:82–5.
  - Madigan VM, Sinickas VG, Giltrap D, Kyriakou P, Ryan K, Chan H-T, Clifford V. Health service impact of testing for respiratory pathogens using cartridge-based multiplex array versus molecular batch testing. *Pathology (Phila).* 2018;50:758–63.
  - Manatrey-Lancaster JJ, Bushman AM, Caligiuri ME, Rosa R. Impact of BioFire FilmArray respiratory panel results on antibiotic days of therapy in different clinical settings. *Antimicrob Steward Healthc Epidemiol.* 2021;1:e4.
  - Qian Y, Ai J, Wu J, Yu S, Cui P, Gao Y, Jin J, Weng X, Zhang W. Rapid detection of respiratory organisms with FilmArray respiratory panel and its impact on clinical decisions in Shanghai, China, 2016–2018. *Influenza Other Respir Viruses.* 2020;14:142–9.
  - Rappo U, Schuetz AN, Jenkins SG, Calfee DP, Walsh TJ, Wells MT, Hollenberg JP, Glesby MJ. Impact of early detection of respiratory viruses by multiplex PCR assay on clinical outcomes in adult patients. *J Clin Microbiol.* 2016;54:2096–103.
  - Rogers BB, Shankar P, Jerris RC, Kotzbauer D, Anderson EJ, Watson JR, O'Brien LA, Uwindatwa F, McNamara K, Bost JE. Impact of a rapid respiratory panel test on patient outcomes. *Arch Pathol Lab Med.* 2015;139:636–41.
  - Saarela E, Tapiainen T, Kauppila J, Pokka T, Uhari M, Kauma H, Renko M. Impact of multiplex respiratory virus testing on antimicrobial consumption in adults in acute care: a randomized clinical trial. *Clin Microbiol Infect.* 2020;26:506–11.
  - Shengchen D, Gu X, Fan G, Sun R, Wang Y, Yu D, Li H, Zhou F, Xiong Z, Lu B, Zhu G, Cao B. Evaluation of a molecular point-of-care testing for viral and atypical pathogens on intravenous antibiotic duration in hospitalized adults with lower respiratory tract infection: a randomized clinical trial. *Clin Microbiol Infect.* 2019;25:1415–21.
  - Tickoo M, Ruthazer R, Bardia A, Doron S, Andujar-Vazquez GM, Gardiner BJ, Snyderman DR, Kurz SG. The effect of respiratory viral assay panel on antibiotic prescription patterns at discharge in adults admitted with mild to moderate acute exacerbation of COPD: a retrospective before–after study. *BMC Pulm Med.* 2019;19:118.
  - Uyeki TM, Bernstein HH, Bradley JS, Englund JA, File TM, Fry AM, Gravenstein S, Hayden FG, Harper SA, Hirshon JM, Ison MG, Johnston BL, Knight SL, McGeer A, Riley LE, Wolfe CR, Alexander PE, Pavia AT. Clinical practice guidelines by the Infectious Diseases Society of America: 2018 update on diagnosis, treatment chemoprophylaxis, and institutional outbreak management of seasonal influenza. *Clin Infect Dis.* 2019;68:e1–47.
  - Vos LM, Weehuizen JM, Hoepelman AIM, Kaasjager KHAH, Riezebos-Brilman A, Oosterheert JJ. More targeted use of oseltamivir and in-hospital isolation facilities after implementation of a multifaceted strategy including a rapid molecular diagnostic panel for respiratory viruses in immunocompromised adult patients. *J Clin Virol.* 2019;116:11–7.